## Matoma Power

Choreographed by Gary O'Reilly (May 2023)
64 Count, 2 Wall, High Intermediate level line dance. Choreographed to: Power by Matoma 3 m 21 s

Available from iTunes, Amazon \& Spotify
32 count intro from start of lyrics

*note: there are sections of the dance where both the lyrics \& instrumentals fade away - keep on dancing!

## Section 1: STEP, SWIVEL $1 \not 4$, SWIVEL $1 ⁄ 4$, HITCH, BUMP, BUMP, BACK, COASTER STEP

12 Step forward on $R(1), 1 / 4 L$ swiveling on balls of both feet dipping into knees (2) (9:00)
$34 \quad 1 / 4 R$ swiveling on balls of both feet (weight ends on L) (3), hitch R knee up (4) (12:00)
567 Step back on R bumping R hip back \& popping L knee (5), bump forward L popping R knee (6), step back on R (7) *Tag/Restart (Wall 2)
8 \& $1 \quad$ Step back on $L$ (8), step $R$ next to $L(\&)$, step forward on $L$ (1)
Section 2: HOLD, \& FWD ROCK, BACK, $1 \not 24$, CROSS, SIDE ROCK CROSS
2 HOLD (2)

567 Walk back on $L$ (5), $1 / 4 R$ stepping $R$ to $R$ side (6), cross L over R (7) (3:00)
8 \& $1 \quad$ Rock $R$ to $R$ side (8), recover on $L(\&)$, cross $R$ over $L$ (1)

## Section 3: DIAGONAL ROCK, BEHIND SIDE CROSS, DIAGONAL ROCK, BEHIND SIDE FORWARD

23 Rock $L$ to $L$ side towards $L$ diagonal (2), recover on $R(3)$
$4 \& 5 \quad$ Cross $L$ behind $R(4)$, step $R$ to $R$ side ( $\&)$, cross $L$ over $R(5)$
67 Rock $R$ to $R$ side towards $R$ diagonal (6), recover on $L$ (7)
8 \& $1 \quad$ Cross $R$ behind $L$ (8), step $L$ to $L$ side ( $\&$ ), step forward on $R$ dipping into knees (1)

## Section 4: HOLD, PIVOT $1 ⁄ 2,1 ⁄ 2$, BACK, TOUCH, BACK, TOUCH

## 2 HOLD (2)

4 Pivot $1 / 2 \mathrm{~L}$ (weight ends on L ) (3), $1 / 2 \mathrm{~L}$ stepping back on $R(4)(3: 00)$
$6 \quad$ Step diagonally back on $L$ opening body to $L(5)$, touch $R$ next to $L(6)$
78 Step diagonally back on $R$ opening body to $R(7)$, touch $L$ next to $R(8)$
Section 5: \& CROSS, SIDE, CROSS, HITCH, CROSS, SIDE, CROSS, HITCH
\& 12 Step $L$ next to $R(\&)$, cross $R$ over $L$ dipping into knees (1), step $L$ to $L$ side (2)
34 Cross R over L (3), hitch L up \& around from back to front (4)
$6 \quad$ Cross $L$ over $R$ dipping into knees (5), step $R$ to $R$ side (6)
8 Cross L over R (7), hitch R up \& around from back to front (8)
Section 6: CROSS, TOUCH \& HEEL, HOLD, \& TOUCH, HOLD, \& TOUCH, HOLD
$1 \quad$ Cross R over L (1)
2 \& $3 \quad$ Touch $L$ behind $R$ heel (2), $1 / 8 R$ stepping back on $L(\&)$, tap $R$ heel fwd (3) (4:30)
4 HOLD (4)
\& 56 Step back on R (\&), touch L toe fwd (5), HOLD (6)
\& 78 Step back on L (\&), touch R toe fwd (7), HOLD (8)
Section 7: \& WALK L, WALK R, FWD ROCK, 3/8, ½ BACK LOCK BACK, COASTER STEP
\& 12 Step R next to $L(\&)$, walk fwd $L(1)$, walk fwd R (2) (4:30)
345 Rock forward on $L$ (3), recover on $R(4), 3 / 8 L$ stepping forward on $L$ (5) (12:00)
$6 \& 7 \quad 1 / 4 L$ stepping $R$ to $R$ side (6), cross $L$ over $R(\&), 1 / 4 L$ stepping back on $R(7)(6: 00)$
*easier option: shuffle $1 / 2$ turn L back RLR
8 \& $1 \quad$ Step back on $L(8)$, step $R$ next to $L(\&)$, step forward on $L$ (1)
Section 8: WALK R, SLOW MAMBO, COASTER STEP, HOLD, \&
$2 \quad$ Walk forward on $R(2)$
345 Rock forward on $L$ rolling hip forward anti-clockwise (3), recover on $R$ (4), step back on $L$ (5)
6 \& $7 \quad$ Step back on $R(6)$, step $L$ next to $R(\&)$, step forward on $R(7)$
8 \& HOLD (8), step on ball of $L$ next to $R(\&)$

## *Tag/Restart (Wall 2)

Dance 7 counts of Wall 2 facing (6:00), then add: Walk forward on $L$, then restart dance from the beginning (6:00)

## **Tag/Restart (Wall 6)

Dance 12 counts of Wall 6 facing (12:00), then add:
WALK BACK L, WALK BACK R, L COASTER STEP
12 Walk back L (1), walk back R (2)
3 \& $4 \quad$ Step back on $L(3)$, step $R$ next to $L(\&)$, step forward on $L$ (4)
then restart dance from the beginning (12:00)
ENDING: Dance 64 counts of Wall 7, finish the dance facing (12:00) by adding a pivot $1 / 2$ turn $L$ to finish $(12: 00)$ on the ( $\&$ ) count.
Contact:
Gary O'Reilly
oreillygaryone@gmail.com
00353857819808
https://www.facebook.com/gary.reilly. 104
www.thelifeoreillydance.com

